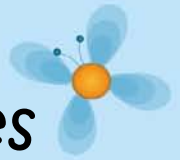


Activity 2:

If You Can Hear Me, Touch Your Toes



Activity 2: Helping your child discover the parts of the body, while building those first, basic vocabulary words is the focus of this activity. Your child will enjoy another version of “Mr. Wee Says”.

What does it build? Basic vocabulary words and listening skills

Materials: Your toddler, a book naming the body parts, and a doll or stuffed bear.

How to Play?

1. Begin introducing the parts of the body by reading a book such as *Where Is Baby's Belly Button?* or *Toes, Ears & Nose*.
2. Next, use your child's doll, stuffed bear, or his own body as you point out the parts of the body you read about and have a discussion about their functions. Example: “When we read this page it talked about the baby's eyes.” Whisper softly to your child, “If you can hear me, touch your eyes.” Guide your child by modeling yourself touching your eyes.
3. Now continue reading another page and repeat the above using the new body part. You may want to change up the voices you use (Ex: a whisper, an inside voice, an outside voice, a high-pitched or low-pitched voice).

