

Activity 1: Boo, Who? Peek-a-Boo



Activity 1: You may not have ever thought that playing a simple game of “peek-a-boo” could do so much for your child. This baby and toddler favorite is a game that builds logic and reasoning. It shows that your little one understands you (or any object) exists whether or not it can still be seen. This understanding is referred to by researchers as object permanence.

What does it build? Logic & reasoning

Materials: Your child’s favorite squeaky toys and a box, empty pillow case, or just behind your back

How to Play:

1. Put one of your child’s favorite squeaky toys inside an empty pillow case (or behind your back). Your child should see you do this.
2. Squeeze the toy over and over so your child can continue to hear its sound, and understand it is still there even though it cannot be seen.
3. Question your child: “Where is your ducky? Where did it go?”
4. Allow your child to discover the hidden toy. Squeak the toy ask where it is again, if needed.

